

Living in the Sidha Village, Holland

Is there a place where one can easily integrate meditation and daily life?

For 20 years now, this has been not a utopia but a reality in Lelystad, Netherlands!

In a unique residential area in a quiet part of Lelystad, residents can combine their work and family life, with the practice of Transcendental Meditation and the TM-Sidhi techniques. Central to the "village" is the beautiful meditation hall where one can take part in the twice-daily group programme, in all comfort. At the primary school the children practice the TM-technique and learn Maharishi's principles of the Science of Creative Intelligence and other Vedic knowledge. There is also an Ayurveda centre, a vegetarian restaurant and a health food store. People of all kinds of backgrounds live here, making the village a colourful and lively wholeness, where one experiences both freedom and connectedness.



Stichting Woningbouw Harmonisch Leven

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9.30-12.30 uur

Have you ever considered coming to live in the Dutch Sidha village? This folder invites you to see what the Sidha village has to offer.

Housing

There are several different possibilities in this unique Sidha-village project: small apartments; 3 room apartments or houses with garden or roof terrace; large family houses with or without garden; houses for seniors. There are houses available to rent or for sale.

Work

There are a number of business premises which offer possibilities for an artist's studio, a (healthcare) practice, office space or storage facilities.

Meditation

Meditation is easy to integrate into one's daily routine when the environment is geared towards the meditation programme. The "pioneers" of the village built not only living and work accommodation; they also made group practice possible by building the mediation dome for Sidha's, and Samita: a facility for meditators.

And there's much more

There is also an ecological allotment complex, a primary school, a vegetarian restaurant which functions as a meeting place and where local artists can exhibit their work. There are several facilities for meetings and celebrations. The village boasts a host of artists, musicians, dancers and sports enthusiasts. There are a variety of recreation opportunities within short (biking) distance, including water sports, cycling and forest walks, a nature reserve and the largest bird sanctuary in Europe.

We invite you to come and stay in one of the guest apartments and have a taste of living in a Sidha village.



The dome or "koepel"



school



Home grown vegetables in the "volkstuinten"



Vegetarian Restaurant



Biological food store

Harmonisch Leven (Harmonious Living) rents and sells houses and business premises.

Here is a selection of the various options:

Offices Rivierenlaan



3 bedroom all wood houses



begone grond

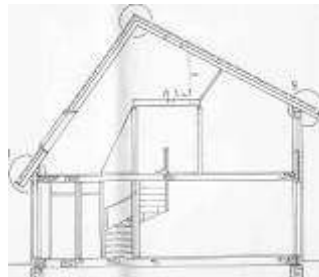


Vedic houses for seniors



Houses for seniors Amer

For more information please contact:



2 or 3 bedroom ecological houses Amer

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Facilities for artists, office and storage